

# Year R Curriculum Spring

## Maths

### Curriculum Focus:

Addition, subtraction, counting on and back, repeating patterns, sorting by property, doubling and halving, sharing equally, time, estimation, ordering from 0-20.

### How to Help at Home:

- Practise counting forwards and backwards using toys or steps.
- Make repeating patterns with blocks or beads.
- Sort household items by size, colour, or shape.
- Share snacks equally to explore halving and sharing.
- Play "guess the number" games for estimation.
- Use time language such as yesterday, today and tomorrow.

## Communication, Literacy and language

### Curriculum Focus:

Poetry, non-fiction texts, postcards, writing, labelling, character profiles, non-fiction reading, festivals, story writing.

### How to Help at Home:

- Read poetry and simple non-fiction books together.
- Write postcards to family or friends.
- Encourage labelling objects around the house.
- Create character profiles for favourite storybook characters.
- Talk about festivals and read stories related to them.

## Physical Development

### Curriculum Focus:

Dance routines, moving in different ways, using ribbons, apparatus, balancing and climbing, climbing patterns.

### How to Help at Home:

- Dance to music and create simple routines.
- Move in different ways (hopping, skipping, crawling) during play.
- Use ribbons for creative movement.
- Practise balancing on safe surfaces or low apparatus in the park or at home.

## Personal, Social and Emotional Development

### Curriculum Focus:

Resolving conflict, role play, good friends, positivity, perseverance, positive emotions, taking turns and sharing, exploring religions.

### How to Help at Home:

- Role-play sharing and taking turns – especially when playing games.
- Talk about feelings and positive emotions during daily activities.
- Encourage perseverance with puzzles or building tasks.
- Discuss different religious celebrations.

## Expressive Arts and Design

### Curriculum Focus:

Enhancing pictures, collage, 3D models, 3D vehicles, artist study, lanterns, porthole artwork, painting, Easter cards.

### How to Help at Home:

- Make collages from magazines or natural materials.
- Build simple 3D models using boxes and tubes.
- Paint pictures inspired by stories.
- Try an artist study by looking at famous paintings and copying styles.

## Games

### Curriculum Focus:

Throwing overarm, types of pass, playing safely, passing objects, throwing objects, balancing.

### How to Help at Home:

- Practise throwing and catching soft balls.
- Try different types of passes (rolling, underarm).
- Play games that involve sharing and teamwork.
- Balance objects on your hands or head for fun challenges.

## Understanding the World

### Curriculum Focus:

Environmental changes, birds, habitats, new occupations, programming, floating and sinking, wildlife at the seaside, growing plants.

### How to Help at Home:

- Observe changes in the environment during walks.
- Watch birds and talk about their habitats.
- Plant seeds and watch them grow.
- Explore floating and sinking with objects in water.
- Discuss jobs and what people do.
- Try programming games or apps for early coding skills.