

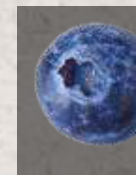
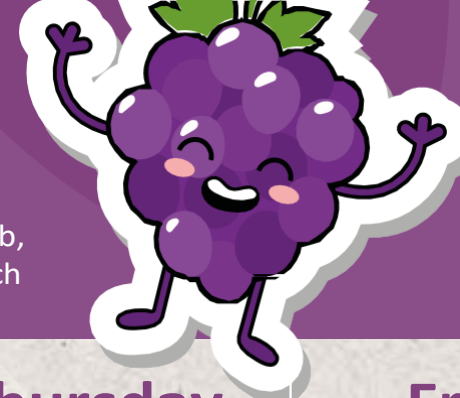


# Week 1

Autumn/Winter 2023/24 Menu

## Weeks Starting:

30th Oct, 20th Nov,  
11th Dec, 15th Jan, 5th Feb,  
4th March and 25th March



## Monday

### Option 1



Cheese and  
Tomato Pizza  
with Pasta Salad

Vegetarian

### Option 2



Cheese and  
Tomato Pasta

## Tuesday

### Option 1

Beef and  
Vegetable  
Pasta Bake

### Option 2



Sweet Potato  
Whirl with  
Potato Crispers

## Wednesday

### Option 1

Roast Chicken  
with Roast Potatoes  
and Gravy

### Option 2



Quorn Sausage  
with Roast Potatoes  
and Gravy

## Thursday

### Option 1

Spanish  
Chicken  
with Rice

### Option 2



Meat Free  
Bolognese  
with Pasta

## Friday

### Option 1

Harry Ramsden's  
Fish with  
Oven Chips

### Option 2



Cheese and  
Onion Slice with  
Oven Chips

### Sides:

Seasonal Vegetables,  
Salad Bar and Fresh Bread

### Sides:

Seasonal Vegetables,  
Salad Bar and Fresh Bread

### Sides:

Seasonal Vegetables,  
Salad Bar and Fresh Bread

### Sides:

Seasonal Vegetables,  
Salad Bar and Fresh Bread

### Sides:

Seasonal Vegetables,  
Salad Bar and Fresh Bread

### Dessert:



Chef's  
Shortbread

### Dessert:



Fruit  
Yoghurt

### Dessert:



Chef's  
Flapjack

### Dessert:



Toffee Apple  
Crumble with Custard

### Dessert:



Mandarin  
Jelly



Vegetarian



Contains a minimum of 50% fruit

Twelve 15

# Week 2

Autumn/Winter 2023/24 Menu

**Weeks Starting:**  
6th Nov, 27th Nov,  
1st Dec, 22nd Jan,  
19th Feb and 11th March



## Monday

### Option 1



Pasta Twists  
with Tomato Sauce

Vegetarian

### Option 2



Bombay Beans and  
Cheese Topped  
Potato Crispers

## Tuesday

### Option 1

Pork Sausages with  
Creamy Potato and  
Gravy

### Option 2



Meat Free  
Sausages with Creamy  
Potato and Gravy

## Wednesday

### Option 1

Roast Gammon  
with Roast Potatoes  
and Gravy

### Option 2



Meat Free  
Lattice Slice with Roast  
Potatoes and Gravy

## Thursday

### Option 1

Spaghetti  
Bolognese

### Option 2



Bean  
Burrito  
with Salad

## Friday

### Option 1

Fish Fingers  
with Oven  
Chips

### Option 2



Meat Free  
Hot Dog with  
Oven Chips

### Sides:

Seasonal Vegetables,  
Salad Bar and Fresh Bread

### Sides:

Seasonal Vegetables,  
Salad Bar and Fresh Bread

### Sides:

Seasonal Vegetables,  
Salad Bar and Fresh Bread

### Sides:

Seasonal Vegetables,  
Salad Bar and Fresh Bread

### Sides:

Seasonal Vegetables,  
Salad Bar and Fresh Bread

### Dessert:



Shortbread Biscuit  
with Fresh Fruit Slices

### Dessert:



Fruit  
Yoghurt

### Dessert:



Raspberry Ripple Vanilla  
Ice Cream Sponge Roll

### Dessert:



Chocolate Pear Sponge  
with Custard

### Dessert:



Butterscotch  
Tart



Vegetarian



Contains a minimum of 50% fruit



Twelve15

# Week 3

Autumn/Winter 2023/24 Menu

Weeks Starting:  
13th Nov, 4th Dec,  
8th Jan, 29th Jan,  
26th Feb and 18th March



## Monday

### Option 1



Chef's choice  
of Pasta

Vegetarian

### Option 2



Chef's choice  
of Pasta

## Tuesday

### Option 1

Beef Burger  
in a Bun with  
Oven Chips

### Option 2



Meat Free  
Burger in a Bun  
with Oven Chips

## Wednesday

### Option 1

Roast Chicken  
with Roast Potatoes  
and Gravy

### Option 2



Cauliflower and Broccoli  
Cheese with Roast  
Potatoes and Gravy

## Thursday

### Option 1

Keralan Chicken and  
Butternut Squash  
Curry with Rice

### Option 2



Keralan Spinach  
and Butternut Squash  
Curry with Rice

## Friday

### Option 1

Harry Ramsden's  
Fish with  
Oven Chips

### Option 2



Vegan  
Nuggets with  
Oven Chips

### Sides:

Seasonal Vegetables,  
Salad Bar and Fresh Bread

### Sides:

Seasonal Vegetables,  
Salad Bar and Fresh Bread

### Sides:

Seasonal Vegetables,  
Salad Bar and Fresh Bread

### Sides:

Seasonal Vegetables,  
Salad Bar and Fresh Bread

### Sides:

Seasonal Vegetables,  
Salad Bar and Fresh Bread

### Dessert:



Fruit  
Yoghurt

### Dessert:



Apple Sponge  
with Custard

### Dessert:



Vanilla  
Ice Cream

### Dessert:



Peaches with  
Custard

### Dessert:



Chocolate  
Cookie



Vegetarian



Contains a minimum of 50% fruit