

# Week 1 - Spring / Summer 2023 Menu

Week starting: 17th April, 8th May, 5th June, 26th June, 17th July, 18th September, 9th October



Twelve15

Meat free  
**Monday**



**Tuesday**

**Wednesday**

No added sugar  
Shuggington  
**Thursday**



**Friday**

**Option 1**

Cheese & Tomato  
French Bread Pizza  
with Potato Tots

Pork Sausages  
with Creamed Potato  
& Gravy

Roast Pork  
with Roast Potatoes  
& Gravy

Spaghetti Bolognese

Harry Ramsden's  
Junior Battered Fish  
with Oven Chips

**Vegetables**

Coleslaw

Sweetcorn

Carrots Batons

Medley of Vegetables

Baked Beans

**Dessert**

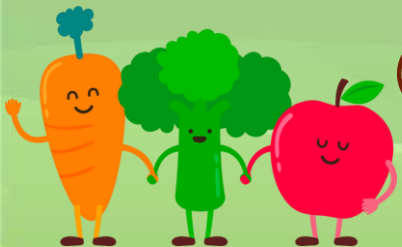
Shortbread Biscuit

Fruit Yoghurt

Orange & Mandarin  
Jelly with  
Creme Fraiche

Fresh Fruit Salad

Vanilla Ice Cream



Reduced sugar  
and salt recipes

LESS  
SUGAR

Free for everyone  
in Reception,  
Year 1 and 2

Wholegrain Bread,  
vegetables and crudités or  
salad bar every day

Look out for these symbols  
on our healthy choices

Vegetarian Oily Fish  
Wholegrain Fruity



We only use fish  
from sustainable  
sources

Harry Ramsden's  
Junior



Designed by Twelve15  
Twelve15  
Favourites

# Week 2 - Spring / Summer 2023 Menu

Week starting: 24th April, 15th May, 12th June, 3rd July, 4th September, 25th Sep, 16th October



Twelve15

Meat free  
**Monday**



**Tuesday**

No added sugar  
Shuggington  
**Wednesday**



**Thursday**

**Friday**

**Option 1**

Mac & Cheese



Beef Burger in a Bun  
with Oven Chips

Roast Chicken  
with Roast Potatoes  
& Gravy

Spaghetti Bolognese

Fish Fingers  
with Potato Tots

**Vegetables**

Green Beans

Sweetcorn

Carrot Batons

Broccoli

Baked Beans

**Dessert**

Banana Pancakes

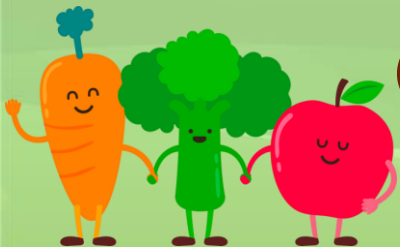


Melon Slices

Cheese & Biscuits

Fruit Yoghurt

Chocolate Muffin with  
Creme Fraiche



LOW  
SALT

Reduced sugar  
and salt recipes

LESS  
SUGAR

Free for everyone  
in Reception,  
Year 1 and 2

Wholegrain Bread,  
vegetables and crudité's or  
salad bar every day

Look out for these symbols  
on our healthy choices



Vegetarian



Oily Fish



Wholegrain



Fruity



We only use fish  
from sustainable  
sources

Harry Ramsden's  
Junior



Designed by Twelve15  
Twelve15  
Favourites

# Week 3 - Spring / Summer 2023 Menu

Week starting: 1st May, 22nd May, 19th June, 10th July, 11th September, 2nd October



Twelve15



Meat free  
**Monday**



**Tuesday**

**Wednesday**

No added sugar  
Shuggington  
**Thursday**



**Friday**

**Option 1**

Margarita Pizza with  
Potato Wedges



BBQ Chicken  
with Rice

Roast Turkey Teddy  
Meatloaf with Roast  
Potatoes & Gravy

Beef Cottage Pie

Harry Ramsden's  
Junior Battered Fish  
with Oven Chips

**Vegetables**

Coleslaw

Garden Peas

Carrots Batons

Green Beans

Baked Beans

**Dessert**

Fruit Yoghurt

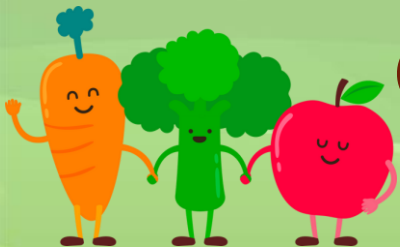
Apple Sponge with  
Creme Fraiche

Strawberry Jelly

Fresh Fruit Salad



Waffle with Peaches  
& Creme Fraiche



LOW  
SALT

Reduced sugar  
and salt recipes

LESS  
SUGAR

Free for everyone  
in Reception,  
Year 1 and 2

Wholegrain Bread,  
vegetables and crudité's or  
salad bar every day

Look out for these symbols  
on our healthy choices



Vegetarian



Oily Fish



Wholegrain



Fruity



We only use fish  
from sustainable  
sources

Harry Ramsden's  
Junior



Designed by Twelve15  
Twelve15  
Favourites