

**What prior knowledge should students have?**

- Pupils have learnt to explore and copy basic body actions and rhythms.
- Pupils have started to respond with their bodies to different types of music.

**What skills will students learn? (Disciplinary Knowledge)**

- Pupils will explore movement ideas and will respond creatively to African drumming music and dance sequences.
- Pupils will begin to move confidently and safely within a given space.
- Pupils compose and link movements to make simple beginnings and endings to a routine.

**What key knowledge will be taught? (Substantive Knowledge)**

- Children will understand that different stimuli effect a dance routine.
- Children will understand that dance routines will have beginnings, middles and ends.
- Children will learn that the African dance Misago involves linking body movements to create a routine moving backwards.

**Key Vocabulary**
**Definition**

|                       |   |
|-----------------------|---|
| Low centre of gravity | An imaginary point where the dancers body weight is evenly distributed.   |
| Flexibility           | The ability of muscles and joints to move through an unrestricted motion. |
| Misago (Misego)       | A cultural dance linked to Africa.  |
| Plié                  | A French term meaning to bend.  |
| Routine               | A sequence of actions regularly followed.                                 |

**Christmas dance**

All children take part in our school's Christmas production. Each class prepares a dance to an assigned song that forms a section of the play. The children create and learn different routines in response to a song; the dance unit culminates with the children performing on the stage.